



GUARDIAN®

life
Less complicated



WorkLifeMatters

Your Confidential Employee Assistance Program

Support and guidance is just a phone call away. Professional counselors are available to assist you with family and personal issues you might be facing or questions you might have.

- Anxiety
- Dependent Care and Care Giving
- Depression
- Drug & Alcohol
- Education
- Grief Assistance
- Legal & Financial
- Lifestyle & Fitness Management
- Parenting
- Pet Care
- Work Issues
- And More

Connect to a counselor for free support services:

1-800-386-7055

Available 24 hours a day, 7 days a week

Visit www.ibhworklife.com

(User name: Matters Password: wlm70101)

WorkLifeMatters Program services are provided by Integrated Behavioral Health, Inc., and its contractors. Guardian does not provide any part of WorkLifeMatters Program services. Guardian is not responsible or liable for care or advice given by any provider or resource under the program. This information is for illustrative purposes only. It is not a contract. Only the Administration Agreement can provide the actual terms, services, limitations and exclusions. Guardian and IBH reserve the right to discontinue the WorkLifeMatters Program at any time without notice.

PUB 3755 (06/11)
2008-1241

The Guardian Life Insurance Company of America, 7 Hanover Square New York, NY 10004

GUARDIAN® and the GUARDIAN® logo are registered service marks of The Guardian Life Insurance Company of America and are used with express permission.